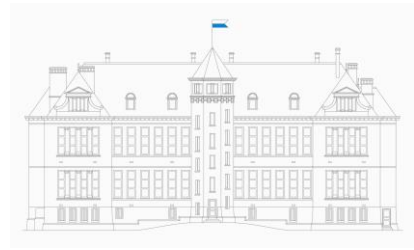




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European Musculoskeletal Health Days

Brussels Conference

Preventing chronic diseases for a healthier Europe: The case for rheumatic and musculoskeletal diseases

16 October 2012, 9:00 – 13:00

Kindly hosted by the Representation of the
Free State of Bavaria to the European Union
Rue Wiertz 77 (1000 Brussels)

Agenda

Chairs: Prof. Maxime Dougados (EULAR President)
Prof. Pierre Hoffmeyer (EFORT President)
Prof. Lars Lidgren (Lund University Hospital, Sweden)

09:00 – 09:30: Registration

09:30 – 09:45: Welcome Note

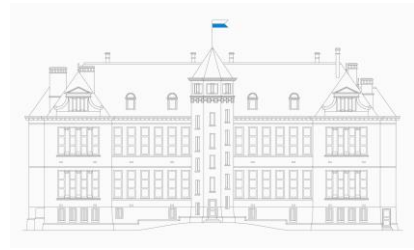
- ❖ Dr. Robert Aures (Representation of the Free State of Bavaria to the European Union)
- ❖ Paola Testori-Coggi (Director-General, DG Health and Consumers, European Commission)

09:45 – 10:10: Prevention of chronic diseases as a key priority for the EU and Member States

- ❖ Marina Yannakoudakis (Member of the European Parliament), *tbc*
- ❖ Prof. Maxime Dougados (EULAR President)
- ❖ Prof. Pierre Hoffmeyer (EFORT President)
- ❖ Dr. Stala Kioupi (Cyprus Ministry of Health)
- ❖ Marios Kouloumas (Cyprus League Against Rheumatism)



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10:10 – 11:00: Strengthening the prevention of chronic diseases in Europe: RMDs as a major example

- ❖ *RMDs as the major burden of disability – the importance of preventive measures;*
Prof. Alan Silman (Director, Arthritis Research UK)
- ❖ *The European Commission strategy on prevention of chronic diseases*
Dr. Albrecht Werner (Policy Officer, Health Determinants Unit, DG Health and Consumers, European Commission)
- ❖ *The European Parliament perspective on prevention of chronic conditions*
Anja Weisgerber (Member of the European Parliament)
- ❖ *EU and Member States policies on prevention of chronic diseases. The patients perspective*
Nicola Bedlington (Director European Patients' Forum - EPF)
- ❖ Q&A

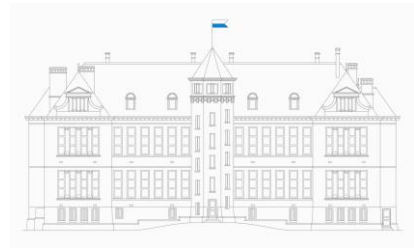
11:00 – 11:15: Coffee Break

11:15 – 11:50: Beyond common lifestyle factors: What is needed for a holistic approach?

- ❖ *Strengthening secondary prevention: reducing disability among people with RMDs or other chronic conditions*
Prof. Alison Hammond (University of Salford, United Kingdom)
- ❖ *Keeping people mobile: secondary prevention from birth until advanced age*
Prof. Dr. med. Klaus-Peter Günther (University Hospital Carl Gustav Carus Dresden, Germany)
- ❖ *Preventing chronic diseases in the workplace*
Brenda O'Brien (European Agency for Safety and Health at Work, EU-OSHA)
- ❖ Q&A



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11:50 – 12:20: Evidence from the ground: Towards more disease prevention strategies

- ❖ *Case 1: Best practices for patient participation in research activities*
Maarten de Wit (Stichting Reumaperspectief, the Netherlands)
- ❖ *Case 2: Tertiary prevention in fragility fractures – Multidisciplinary intervention to avoid frailty (the UK example)*
Prof. David Marsh (Institute of Orthopaedics and Musculoskeletal Science, UK)
- ❖ Q&A

12:20 – 13:00: Closing session

- ❖ *Improving knowledge and innovative therapies: fostering research and innovation in chronic diseases in Europe*
Prof. Josef Smolen (Medical University of Vienna, Austria)
- ❖ *Advanced technologies and multidisciplinary concepts are needed to prevent RMDs and their consequences*
Prof. Karsten Dreinhöfer (Charité Universitätsmedizin Berlin, Center for Musculoskeletal Surgery)
- ❖ *What is still needed to do in the prevention of chronic diseases and, particularly, on the prevention of RMDs?*
Neil Betteridge (EULAR Vice-President representing People with Arthritis and Rheumatism in Europe - PARE)