Biennial report

Study Groups

Title of the study group: EULAR Study Group on Systemic Lupus Erythematosus (SLE)

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Summary of last year's activities

1. The Study Group on SLE held its annual meeting during EULAR 2019 in Madrid (13/06/2019). A total 38 members attended the meeting, including fellows / junior rheumatologists interested in SLE. The Study Group discussed a number of completed and ongoing research initiatives including the new EULAR/ACR classification criteria for SLE (Prof. M. Aringer), the ERN-ReCONNET project (Prof. M. Mosca), and the EULAR Task Force on Interferon (Prof. E. Vital).

2. Haematological SLE Project. Under the lead of Dr. Yule Savuz, the Study Group undertook a collaborative, multicentre project to evaluate the impact of treatments and the long-term outcome of SLE patients with haematological manifestations. Lupus centres from Sweden, Turkey, Greece, Italy and Portugal contributed to the project, which was accepted for publication in the Seminars in Arthritis and Rheumatism (https://www.sciencedirect.com/science/article/abs/pii/S0049017220300731)

3. Updated EULAR recommendations on SLE. Following the publication of the first EULAR recommendations on the management of SLE in 2008, the Study Group on SLE undertook its revision based on culminating evidence from observational studies and randomized controlled trials. A task force of experts from several European countries was assembled, and the EULAR standardised operating procedures proposed were followed. Through a combined evidence- and eminence-based process, the 2019 Update of the EULAR recommendations on SLE were presented during the EULAR 2019 Annual Congress, and were published in the Annals of Rheumatic Diseases 2019; 78(6):736-745 (doi: 10.1136/annrheumdis-2019-215089).

4. Updated joined EULAR and ERA-EDTA (European Renal Association - European Dialysis and Transplant Association) recommendations on Lupus Nephritis. Following the publication of the EULAR/ERA-EDTA recommendations for Lupus Nephritis in 2012, the Study Group on SLE undertook its revision. A task force of Rheumatologists, Nephrologists, Pathologists and Paediatric Rheumatologists from several European countries were assembled, and the EULAR standardised operating procedures proposed were followed. Through a combined evidence- and eminence-based process, the Update of the EULAR/ERA-EDTA recommendations are currently being considered for publication.