Biennial report

Study Groups

Title of the study group: REST

Study Group Leader’s name: Yvonne van Eijk-Hustings/ Jenny de la Torre-Aboki

Date of annual report submission: March 2020

Summary of last year’s activities

The EULAR nurses study group for research and strategy (REST) aims to provide a platform for collaboration and international research. People can connect to benefit from expertise from others in designing and performing studies in their countries. For example, a study on nurse-led care in Germany was supported by expertise from Denmark and the UK. Our network is dynamic and comprises people from many European countries, the USA, Australia, New Zealand and Asian countries, such as Japan and Hong Kong.

In REST several project groups participate and the number of and kind of groups fluctuate. We have worked on cardiovascular risk assessment, nursing sensitive outcomes in rheumatoid arthritis, readability of informed consent materials, and agreement with- and feasibility of the EULAR recommendations for the role of the nurse in Japan, and on patient preferred outcomes in early RA (EQPERA). Moreover, in 2018 the EULAR recommendations on the role of the nurse were updated. To date REST activities have resulted in several international peer reviewed publications (see below).

During EULAR 2018 it was decided to merge the two nursing study groups (REST and the clinical group) into REST. We discussed renaming but decided to stick with REST as this name clearly represents the content of the activities.

In 2019 a working group on eHealth was founded. This group has decided on an action plan for the coming years. Also, the EQPERA group has finalised the international longitudinal qualitative study. In 2020 the working group on eHealth will continue their work and next steps to further implement the EULAR recommendations for the role of the nurse will be taken.

Rest references


   http://dx.doi.org/10.1080/14397595.2016.1260199
