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EULAR Health Professionals in Rheumatology (HPR)

For the purposes of involvement with EULAR activities a “Health Professional in Rheumatology” will meet the following criteria:

- Is a professional involved in the care of people with musculoskeletal and related conditions
- Is not a registered medical practitioner
- Is eligible to be a member of the organization through which a country has become a EULAR HPR member
<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
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<tbody>
<tr>
<td>1987</td>
<td>Unofficial Standing Committee of Allied Health Professionals established</td>
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<tr>
<td>1989</td>
<td>Standing Committee of HPR officially ratified by General Assembly</td>
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<tr>
<td>1995</td>
<td>Scientific Subcommittee, first Annual Research Grant, first Course Organising Grant, first Educational Visit Bursaries</td>
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<td>1997</td>
<td>First EULAR Vice President of HPR</td>
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<td>2000</td>
<td>HPR meetings incorporated in Annual European Congress of Rheumatology</td>
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<td>2006</td>
<td>First membership of national HPR organisations: Switzerland and UK</td>
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<td>2013</td>
<td>First Strategic HPR Winter Meeting</td>
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<tr>
<td>2014</td>
<td>HPR Educational Subcommittee</td>
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<tr>
<td>2016</td>
<td>School of Rheumatology, HPR classroom</td>
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EULAR HPR today

Leadership

• Vice President: Prof. Tanja Stamm, Austria
• Chair of Standing Committee: Dr. Rikke Helene Moe, Norway
• Vice President elect: Prof Thea Vliet Vlieland, the Netherlands
• Chair elect of Standing Committee: Ricardo Ferreira, Portugal
EULAR – Three Pillars

- HPR
- People with RMDs
- Medical Doctors Scientists
Structure of HPR within EULAR

EULAR Executive Committee

- President
- President elect
- Treasurer
- General Secretary
- Vice President
- Vice President HPR
- Chair
- Vice Chair
- Education
- Clinical Affairs
- Epidemiology
- Paediatrics
- Imaging
- Investigative

EULAR Standing Committee of HPR

- 24 delegates from national member associations
- Educational Subcommittee
- Scientific Subcommittee
- Communications
Membership 2019: associations from 24 countries

Austria  Belgium  Croatia  Cyprus  Czech Republic  Denmark
Finland  France  Germany  Hungary  Ireland  Slovenia
Italy  Malta  Netherlands  Norway  Poland  Portugal
Romania  Serbia  Spain  Sweden  Switzerland  United Kingdom
Meet the national health professional delegates on EULAR’s HPR Standing Committee

There are 25 formally ratified EULAR HPR organisations represented by their presidents or other nominated officials on the EULAR Standing Committee of Health Professionals in Rheumatology.

The national HPR delegates contribute to shaping health professional activities within EULAR.

The Committee, headed by Chair Rikke Helene Moe, Past Chair Annette de Thurah and EULAR Vice President representing health professionals in rheumatology Tanja Stamm, discusses ongoing projects and new proposals for the EULAR Executive Committee, initiates the health professional programme for the EULAR Annual European Congress of Rheumatology, and supports and reviews HPR membership applications.

Each year the Committee holds its annual meetings at the EULAR Congress. It has sub-committees and can also include other invited experts.

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Tanja Stamm: tanja.stamm@mocohusnion.ac.at
Annette de Thurah: annahur@nrm.dk

For contact details of all the member organisations and nominated EULAR liaison personnel, please visit the EULAR website to find the most up-to-date information.

www.eular.org/health_professionals_membership.cfm

Editorial office
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20 HPR News
HPR are part of the EULAR strategic plan 2018-23

1. ESOR: By 2023, EULAR will be the leading provider of education in rheumatic and musculoskeletal diseases (RMDs).

2. Congress: By 2023, EULAR will provide the foremost RMD congress experience, building on the heritage of our outstanding annual meeting.

3. QOC: By 2023, EULAR will deliver pre-eminent comprehensive quality of care (QOC) frameworks for the management of people with RMDs.

4. Research: By 2023, EULAR will have established a European centre for RMD research to advance high quality collaborative research.

5. Advocacy: By 2023, EULAR’s activities and related advocacy will have increased participation in work by people with RMDs.

6. Governance, Infrastructure, Financials: By 2023, EULAR will have established governance, workflows and infrastructure to deliver the EULAR strategic objectives.
HPR Scientific Subcommittee

• Works towards EULAR goals

• Strategic work related to
  ▪ Research grant
  ▪ EULAR projects
  ▪ Congress
  ▪ HPR programs (e.g. mentorship)
Annual HPR Strategic Winter Meeting

• Joint annual meeting of the Educational and Scientific Subcommittees
• Held in December in a European city
• Discussion of strategic matters for HPR research, education and communication
• Development of action plan for the next twelve months
• Participants:
  ▪ HPR leadership, and co-opted member
  ▪ Members of the two subcommittees
  ▪ Selected Presidents of national HPR member associations
Annual EULAR HPR Research Grant

• EULAR funding up to a maximum of EUR 30,000
• Deadline ~ December 15

Recent grant topics:

• 2017: Cross-cultural adaptation and psychometric testing of work patient reported outcome measures in people with rheumatoid arthritis in the UK, Sweden and the Czech Republic

• 2018: Development and evaluation of a web-based interdisciplinary patient education programme on lifestyle behaviour with a focus on promoting physical activity and exercise in patients with systemic sclerosis

• 2019: Models of pain and fatigue in Rheumatic and Musculoskeletal Diseases
Our HPR EULAR projects just published

- HPR033: Development of EULAR recommendations for the Core Competencies of Health Professionals in Rheumatology, led by Thea Vliet Vlieland

- HPR036: Update of EULAR recommendations for the role of the nurse in the management of chronic inflammatory arthritis, led by Yvonne van Eijk Hustings
Our currently on-going HPR EULAR projects

- HPR032: Update of EULAR points to consider/recommendations for the health professionals’ prevention and management of osteoporotic fractures, Status: Manuscript preparation

- HPR037: EULAR points to consider/recommendations for the detection, assessment and management of non-adherence in people with rheumatic and musculoskeletal diseases. Led by: Loreto Carmona and Valentin Ritschel
  - Status: Ongoing
EULAR Strategy implementation projects I

- HPR039: Implementing Best practice for Hand Osteoarthritis - a communication project on hand osteoarthritis, led by Els vd Ende, Status: Preliminary Youtube version has been assessed, currently working on texting in different languages

- HPR040: Dissemination and assessing implementation of the EULAR recommendations for patient education for people with inflammatory arthritis across Europe, led by Mwidimi Ndosi and Heidi Zangi, Status: Ongoing

- HPR041: Empowered2work, in close collaboration with PARE/Public Affairs, led by Erika Mosor Status: champions are being educated
EULAR Strategy implementation projects II

- HPR042: Implementation of EULAR Education for HPR in Eastern European countries, HEE4ALL, led by Thea Vliet Vlieland, Status: Under planning

- HPR043: EULAR HPR project, IMplementation of Physical Activity into routine Clinical practice in Rheumatic Musculoskeletal Disease: The IMPACT-RMD study, led by George Metisos Staus: Ongoing

- HPR044: EULAR HPR Project Increasing work participation across Europe, led by Ross Wilkie Status: Ongoing
Annual European Congress of Rheumatology

• Dedicated HPR Congress Program
  ▪ Scientific and practical HPR sessions
    ▪ Proposed full sessions
    ▪ Abstract/poster sessions
  ▪ Joint sessions with patients (PARE)
  ▪ Joint sessions with rheumatologists/researchers

• Standing Committee meeting for member delegates
• Sub Committee meeting, Study group meetings, meeting with ARHP
• Networking with HPs, patients, researchers from around the world
EULAR Travel bursaries

- For first/presenting author of oral or poster presentations
- Free registration (including one year free subscription to the ARD)
- Three nights hotel accommodation (single use), booked by EULAR
- Cash amount of 350 EUR for travel and living expenses
- Deadline March 31
EULAR Awards for HPR

EULAR Abstract Award

• Three Abstract Awards to the first authors of HPR abstracts submitted to the EULAR Annual European Congress
• Winners selected by HPR of EULAR Scientific Committee based on quality

EULAR Meritorious Service Award

• Award for outstanding lifetime achievements in rheumatology
• Originally for rheumatologists and researchers only
• Since 2016 also for HPR
HPR Educational Subcommittee

The subcommittee currently focuses on six areas:

• Identification of HPR educational needs

• A comprehensive and evidence-based core curriculum which articulates with the wider EULAR strategy and maps on to the varying needs of HPR in EULAR

• A tiered competency framework to allow assessment and, as appropriate, certification against agreed standards

• A creative plan for maximizing access to and uptake of the resources provided by EULAR

• A formal implementation plan for the strategy and associated materials

• An evaluation of the uptake and impact of the strategy
HPR in the EULAR School of Rheumatology

The pre-eminent provider and facilitator of high-quality education for physicians, health professionals in rheumatology, and people with rheumatic and musculoskeletal diseases

• EULAR Online Course for HPR

• EULAR Teach the Teacher Course for HPR
  • (held 3 times)

• EULAR HPR Recommendations for:
  ▪ Core competencies for health professionals in rheumatology
  ▪ The role of the nurse in inflammatory arthritis
  ▪ The core non-pharmacological management of hip and knee osteoarthritis
  ▪ Patient education for patients with inflammatory arthritis
  ▪ Points to consider for health professionals undertaking musculoskeletal ultrasound for RMDs
EULAR Online Course for the HPR

- Aimed at nurses, physical therapists, occupational therapists, psychologists
- 8 modules:
  - 4 disease-specific: RA; OA; fibromyalgia; regional musculoskeletal pain syndromes
  - 4 generic: assessment and evaluation; interventions; psychosocial approaches; evidence-based practice
- Integration of multi-disciplinary perspective of the treatment of rheumatic diseases
- Course fee: regular learner - 150EUR, EULAR School of Rheumatology member - 125 EUR. Course starts in September each year
Current HPR Classroom projects

1. Update of the HPR online course. Convener: Thea Vliet Vlieland

2. Develop the HPR Pocket Primer from the online course with planned inclusion in the EULAR app in June 2020. Convener: Thea Vliet Vlieland

3. Plan in detail the HPR Postgraduate course in Madrid. Convener: Thea Vliet Vlieland

4. Develop the mentoring programme, with materials for mentees and mentors. Convener: Thea Vliet Vlieland
HPR Educational Visits Programme

- 10 bursaries per year for educational visits of HPR
- Objective
  - To improve the standard of research and care among HPR
  - To foster collaboration across clinical institutions in Europe
- Amount of bursary varies between EUR 750 and 1,500
- Application deadlines are 31 March and 30 September each year
HPR Study Groups (SG)

= groups of people committed to activities and scientific networking on a specific topic under EULAR endorsement

- The EULAR Physical Activity & Exercise Therapy Study Group
- The Nurse Research and Strategy Group (REST)
- The Foot and Ankle Study Group
- The Study Group on Patient Education (STOPE)
- EULAR study group for non-pharmacological treatment of autoimmune connective tissue diseases
- EULAR study group for Work Rehabilitation in People with RMDs
World Arthritis Day, 12 October

• Global awareness raising and action day.

• EULAR takes a leading role in promoting international activities for and on that day.

• Each year WAD is intended to promote a different aspect of living with a rheumatic or musculoskeletal disease and encourage action.
HPR engagement in European public affairs

Participation in EULAR Public Affairs Group defining and managing EULAR public affairs and lobbying activities on European level

Participation in EULAR Annual Public Affairs Conference in Brussels dealing with a specific topic each year and attended by high-level EU politicians and leaders

- 2014: Analysing how to reduce the Access Barriers to Health Care for People with Chronic Diseases in Europe. Challenges, good practices and policy options for people with rheumatic and musculoskeletal diseases
- 2015: Towards more integrated health care in Europe. Strengthening patients` access to cross-border care and enhancing health professionals` mobility
- 2016: Reducing the burden of chronic diseases in the workplace. New policies for better working conditions and the retention of ill people at work
- 2017: The future of health research and innovation after Horizon 2020
- 2018: Bringing chronic diseases to the forefront of health innovation
- 2019: “A sustainable and effective EU health policy for citizens: Focusing on chronic diseases and inclusion in social and economic life”

Participation in national public affairs events or activities organized by patient organizations in collaboration with EULAR PARE
Collaboration with the American ARHP

• Goal
  ▪ Join efforts to improve the health of people with rheumatic and musculoskeletal diseases through high quality health care science and clinical practice

• Current activity
  ▪ Joint congress sessions
  ▪ Collaboration in developmental project
  ▪ Participation of HP in the ACR/EULAR exchange program
For more information on EULAR HPR

EULAR website

EULAR on your favorite social media channels

www.eular.org
Read the HPR Newsletter
Thank you for your attention!

www.eular.org